



DRAFT RESULTS 2023

Position	Race No	Name	Category	Club	Race Time	Swim	T1	Bike	T2	Run
1	215	Ewan Brown	MSEN		05:25:04	00:36:34	00:02:52	02:43:26	00:03:21	01:58:51
2	189	Richard Thurlow-Begg	MSEN		06:02:36	00:39:08	00:02:09	03:02:55	00:02:45	02:15:39
3=	120	Tony Marshall	MSEN		06:06:50	00:33:54	00:03:17	03:04:42	00:03:19	02:21:38
3=	60	Jeff Frydenlund	MSEN	Nordic Triathlon and Endurance	06:08:53	00:34:28	00:02:19	03:06:32	00:02:23	02:23:11
4	15	Andrew Bostock	MVET	Fleet feet triathletes	06:15:27	00:40:11	00:03:03	03:12:21	00:03:23	02:16:29
5	28	alan cope	MVET		06:17:50	00:45:13	00:07:39	03:00:19	00:05:49	02:18:50
6	154	Alan Purves	MSEN	Grangemouth Triathlon Club	06:21:12	00:44:08	00:05:10	03:10:37	00:03:44	02:17:33
7	37	Gordon Devlin	MVET	Stirling Triathlon Club	06:22:30	00:33:22	00:03:03	03:07:38	00:02:01	02:36:26
8	141	Tomasz Mika	MVET	Labosport Team	06:23:05	00:43:18	00:03:39	03:11:05	00:05:31	02:19:32
9	69	Gordon Hawthorn	MVET	Triathlonworkx	06:23:45	00:39:27	00:04:00	03:07:58	00:03:17	02:29:03
10	188	James Tedham	MSEN		06:32:45	00:40:26	00:02:43	03:12:23	00:02:57	02:34:16
11	34	Daniel Da Silva	MSEN	West Lothian Triathlon	06:38:48	00:41:10	00:05:23	03:12:03	00:03:27	02:36:45
12	138	Colin McMorrin	MSEN		06:40:35	00:35:37	00:02:22	03:13:43	00:02:13	02:46:40
13	199	Scott Walton	MSEN	Grangemouth Triathlon Club	06:43:35	00:38:16	00:03:57	03:20:25	00:03:31	02:37:26
14	31	Ross Crombie	MVET	Grangemouth Triathlon Club	06:43:35	00:43:58	00:05:08	03:09:19	00:03:36	02:41:34
14	65	Iona Hamilton	FSEN		06:48:44	00:35:21	00:02:58	03:16:01	00:04:03	02:50:21
16	102	Craig Lamb	MSEN		06:49:36	00:40:49	00:05:54	03:17:55	00:03:58	02:41:00
17	77	Gavin Highgate	MVET		06:50:51	00:47:56	00:06:59	03:23:04	00:04:33	02:28:19
18	114	KENNY MACGRUER	MVET	wick triathlon club	06:55:21	00:41:23	00:05:02	03:28:43	00:03:46	02:36:27
19	198	Mathias Wälti	MSVET	Bikeholiday, Team Valhalla, TriTeam Steffisburg, R	06:56:32	00:44:53	00:07:24	03:17:37	00:05:04	02:41:34
20	56	Paul Fettes	MSVET	Monifieth Tri club	06:57:20	00:44:42	00:03:50	03:29:17	00:02:19	02:37:12
21	44	Alasdair Dunlop	MSVET	Edinburgh#3	06:59:25	00:38:43	00:03:11	03:28:57	00:05:07	02:43:27
22	167	Eliot Sedman	MVET	Scotland	07:00:10	00:47:57	00:08:03	03:55:16	00:05:04	02:03:50
23	24	Claire Campbell	FVET		07:01:20	00:42:49	00:03:10	03:25:15	00:04:03	02:46:03
24	10	calum barnett	MSEN	Inverness Triathlon	07:01:47	00:41:14	00:04:05	03:32:53	00:03:38	02:39:57
25	208	Mark Wood	MSEN	Serpentine	07:01:49	00:42:06	00:05:05	03:22:05	00:06:29	02:46:04
26	144	Roy Mitchell	MSVET	Edinburgh#3	07:04:45	00:44:11	00:06:37	03:34:27	00:03:19	02:36:11
27	212	Scott Young	MVET	Trythan	07:06:52	00:44:49	00:07:15	03:26:48	00:04:44	02:43:16
28	59	Rowan Frost	MSEN	Sexy cyclists	07:08:23	00:37:31	00:03:29	03:36:06	00:04:09	02:47:08
29	194	Ian Vaughan	MVET	Fleet Feet	07:12:12	00:37:11	00:02:31	03:33:47	00:03:12	02:55:31
30	74	Lynsey Henderson	FVET	Shetland Triathlon Club	07:12:44	00:35:53	00:03:18	03:35:27	00:06:46	02:51:20
31	166	Luke Schultz	MVET		07:14:12	00:46:17	00:06:24	03:35:23	00:06:39	02:39:29
32	26	Chloe Caustin	FSEN	Trythan	07:14:40	00:50:08	00:05:15	03:35:54	00:02:39	02:40:44
33	61	Tom Grant	MSEN		07:15:57	00:41:21	00:04:38	03:42:23	00:04:09	02:43:26
34	173	Andrew Skea	MVET	BRJ Run and Tri	07:20:07	00:41:24	00:05:08	03:38:56	00:03:41	02:50:58
35	39	Scott Donald	MSEN		07:21:49	00:47:32	00:08:33	03:23:40	00:07:40	02:54:24
36	151	Stephen Nicholson	MSEN	Tri Bridges	07:22:00	00:38:36	00:05:48	03:29:01	00:06:05	03:02:30
37	124	Mike Martin	MSEN		07:23:52	00:42:50	00:06:42	03:41:50	00:05:00	02:47:30
38	111	Ross Macdonald	MSEN	Fleet Feet Triathletes	07:25:06	00:37:55	00:03:41	03:31:16	00:03:50	03:08:24
39	21	Rachael Butcher	FSEN	Edinburgh Triathletes	07:25:31	00:40:38	00:04:08	03:45:20	00:03:37	02:51:48
40	32	Colin Cunningham	MVET		07:25:40	00:45:55	00:05:21	03:40:51	00:05:25	02:48:08
41	115	David MacLennan	MVET	SC&C	07:26:57	00:40:39	00:05:46	03:38:00	00:04:57	02:57:35
42	87	Ruth Jeays	FVET	Triathlon Inverness	07:27:33	00:39:39	00:05:29	03:42:22	00:03:58	02:56:05
43	20	Neil Burnett	MSVET	Carnethy Hill Running Club	07:27:42	00:42:44	00:06:49	03:56:57	00:07:22	02:33:50
44	158	Peter Reaney	MSEN		07:28:06	00:46:01	00:05:01	03:39:49	00:05:51	02:51:24
45	113	Jason Macdonald	MSEN		07:28:48	00:45:04	00:04:47	03:45:27	00:05:03	02:48:27
46	125	Fiona Maurer	FVET	Project 3	07:29:10	00:45:54	00:04:03	03:41:16	00:02:48	02:55:09
47	145	Mark Mitchelson	MVET	Inverness Triathlon	07:29:19	00:45:44	00:05:49	03:43:57	00:08:19	02:45:30
48	152	Alastair Preiss	MSVET	Stirling Tri Club	07:29:44	00:37:55	00:04:11	03:40:28	00:06:55	03:00:15
49	180	Andrew Stevens	MSVET	Moray Firth Triathlon Club	07:29:53	00:43:52	00:05:24	03:41:09	00:03:50	02:55:38
50	211	Mark Yates	MVET		07:31:14	00:45:15	00:07:34	03:35:23	00:09:58	02:53:04
51	149	Geddes Murray	MSVET	Aurora Triathlon	07:33:12	00:40:07	00:06:59	03:27:03	00:05:48	03:13:15
52	40	Florian Doster	MVET	Edinburgh Tri	07:33:32	00:48:59	00:04:14	03:36:49	00:03:49	02:59:41
53	98	Simen Kristoffersen	MVET	Team Superba Krill	07:37:10	00:55:52	00:06:21	03:25:26	00:07:37	03:01:54
54	36	Hannes De Kock	MSEN	Highland hill runners	07:37:10	00:46:06	00:05:48	03:36:46	00:10:57	02:57:33
54	84	robertson Isobel	FSEN	Glenrothes Tri Club	07:38:26	00:45:16	00:04:49	03:46:29	00:05:13	02:56:39
56	132	Ellis McKechnie	FVET	Hunters bog trotters	07:39:04	00:44:08	00:04:08	03:56:10	00:03:00	02:51:38
57	139	Craig Mcpheat	MVET	Stirling Tri Club	07:41:49	00:41:47	00:04:16	03:41:24	00:05:12	03:09:10
58	182	David Stewart	MSVET	Monifieth Triathlon Club	07:43:37	00:46:27	00:04:16	03:39:10	00:05:21	03:08:23
59	168	Ryan Jitendra Shah	MSEN		07:43:58	00:50:12	00:06:13	03:40:05	00:08:14	02:59:14
60	17	Philipp Braaker	MSEN	Edinburgh Triathletes	07:44:17	00:38:43	00:04:00	03:43:20	00:05:02	03:13:12
61	146	Alec Morrison	MSVET		07:45:14	00:45:50	00:09:12	03:41:40	00:08:33	02:59:59
62	76	Martin Hier	MSEN	Highland Hill Runners	07:45:25	00:49:17	00:06:35	03:38:57	00:07:42	03:02:54
63	117	Gregor Macnaughton	MVET		07:47:24	00:36:55	00:06:16	03:39:30	00:08:33	03:16:10
64	116	Ruairidh MacLennan	MVET	Shieldaig Camping and Cabins	07:48:38	00:44:34	00:04:19	03:46:18	00:06:16	03:07:11
65	196	Mark Wallace	MSEN		07:49:19	00:48:59	00:04:32	03:43:41	00:05:59	03:06:08
66	81	Janine Inman	FVET	Stirling Tri Club	07:51:19	00:42:48	00:07:14	03:47:24	00:04:07	03:09:46

67	181	Alistair Stewart	MSVET	None	07:53:04	00:42:02	00:06:12	03:45:25	00:06:17	03:13:08
68	9	Debbie Barnett	FVET	Time to Tri Fitness	07:54:38	00:44:13	00:04:45	03:32:20	00:03:32	03:29:48
69	123	Ross Martin	MVET	Glasgow Triathlon Club	07:54:58	00:44:47	00:08:51	03:41:23	00:09:01	03:10:56
70	19	Graeme Broomhall	MSEN	Montrose triathlon club	07:55:23	00:50:45	00:06:19	04:00:03	00:06:59	02:51:17
71	135	Paul McLanachan	MVET		07:55:25	00:40:01	00:17:09	04:05:34	00:05:33	02:47:08
72	193	Matthew Tourville	MSVET		07:55:41	00:46:38	00:05:43	03:41:15	00:06:55	03:15:10
73	42	ANDREW DUFF	MSEN	Forfar Road Runners	07:56:11	00:45:09	00:05:19	03:43:54	00:06:53	03:14:56
74	130	Peter McElevay	MSVET	M3 - Monifieth Triathlon Club	07:56:49	00:48:48	00:05:15	03:56:27	00:05:09	03:01:10
75	179	Leszek Stelmachowski	MVET		07:59:02	00:48:52	00:05:00	03:47:17		03:17:53
76	170	David Shaw	MSEN		07:59:02	00:44:50	00:04:30	03:40:26	00:07:18	03:21:58
76	137	Stewart Mclean	MSVET		07:59:03	00:51:24	00:07:38	03:52:26	00:04:03	03:03:32
78	121	Chris Martin	MVET	Torbay tri	08:00:14	00:49:15	00:07:27	03:38:16	00:05:11	03:20:05
79	109	Ivar Maas	MSEN		08:02:10	00:46:41	00:06:15	03:27:15	00:05:47	03:36:12
80	94	Heather Kennedy	FSEN	Edinburgh Triathletes	08:05:37	00:47:59	00:04:34	04:00:23	00:03:51	03:08:50
81	148	Michael Mower	MSEN	None	08:06:37	00:44:20	00:04:39	03:44:17	00:06:05	03:27:16
82	192	Noel Tomnay	MSVET	Edinburgh#3	08:06:42	00:48:02	00:04:42	03:49:56	00:03:53	03:20:09
83	127	Jill McClounan	FSVET	Triathlon Inverness	08:07:07	00:49:10	00:08:08	04:04:50	00:05:58	02:59:01
84	122	Leo Martin	MSEN		08:08:03	00:46:24	00:06:08	04:14:45	00:03:30	02:57:16
85	22	Gordon Campbell	MSVET		08:08:13	00:49:06	00:05:54	03:50:10	00:07:42	03:15:21
86	164	Raul Salvat	MVET		08:08:39	00:39:57	00:10:03	03:40:13	00:12:22	03:26:04
87	187	Ewan Taylor	MVET	Grangemouth Triathlon Club	08:09:01	00:51:33	00:07:22	03:41:10	00:08:44	03:20:12
88	174	Steven Small	MSVET	Lanark Tri Club	08:09:10	00:40:55	00:07:37	03:45:09	00:09:23	03:26:06
89	159	Morag Reaney	FSEN	Glasgow Triathlon Club	08:10:05	00:45:55	00:06:13	04:06:23	00:06:50	03:04:44
90	184	Amy Sutherland	FVET		08:10:48	00:45:32	00:06:29	04:05:42	00:06:48	03:06:17
91	35	NICOLA DAWSON	FVET	Glasgow Triathlon Club	08:11:19	00:59:50	00:05:59	04:04:42	00:05:26	02:55:22
92	104	Ros Lawson	FVINT		08:12:43	00:52:34	00:06:56	04:04:04	00:05:08	03:04:01
93	153	Gavin Prise	MVINT	DTCC	08:14:55	00:40:46	00:07:25	03:59:42	00:06:16	03:20:46
94	176	Finlay Smith	MVET	Glasgow Triathlon Club	08:15:42	00:48:38	00:07:30	03:59:33	00:06:25	03:13:36
95	33	John Curwen	MVET		08:15:53	00:34:09	00:03:01	03:30:45	00:06:07	04:01:51
96	55	Richard Fernand	MSVET		08:16:35	00:43:29	00:05:32	03:46:13	00:07:06	03:34:15
97	54	Andy Ferguson	MSVET	New Triathlon	08:17:32	00:54:24	00:08:16	03:50:41	00:07:17	03:16:54
98	66	Linda Hardie	FVET		08:18:01	00:38:10	00:03:43	04:12:44	00:02:46	03:20:38
99	79	Angela Hughes	FVET		08:18:01	00:44:22	00:04:50	03:52:55	00:04:56	03:30:58
99	11	John Baxter	MSVET		08:21:08	00:53:29	00:06:40	03:59:47	00:05:39	03:15:33
101	119	John Mair	MVET		08:23:05	01:04:53	00:09:09	04:05:34	00:06:30	02:56:59
102	16	Clare Bostock	FVET	Fleet Feet Triathletes	08:25:54	00:47:36	00:05:00	04:21:18	00:06:27	03:05:33
103	213	Kenneth Young	MSVET	Montrose Triathlon Club	08:28:13	00:51:01	00:04:31	03:42:46	00:08:47	03:41:08
104	14	Jonny Black	MSEN		08:28:26	00:48:40	00:03:32	04:21:26	00:02:26	03:12:22
105	78	Chris Hughes	MSVET	Edinburgh triathletes	08:29:01	00:44:28	00:04:38	04:01:35	00:03:59	03:34:21
106	13	Andrew Birrell	MVET	Montrose Triathlon Club	08:29:19	00:41:51	00:07:11	04:05:15	00:08:27	03:26:35
107	64	Colin Gunning	MVET		08:30:36	00:50:49	00:06:31	03:52:07	00:08:06	03:33:03
108	68	Patrick Haston	MSVET	Triathlon Inverness	08:30:42	00:55:17	00:07:58	04:21:01	00:08:29	02:57:57
109	210	Christopher Wright	MSEN	Painless Performance	08:34:17	00:54:02	00:04:50	04:01:11	00:05:30	03:28:44
110	131	Willie McIntyre	MSVET		08:34:40	00:55:53	00:08:47	04:00:25	00:06:06	03:23:29
111	4	Michael Atkinson	MSEN	TriBridges	08:37:16	00:55:50	00:04:35	03:47:33	00:12:32	03:36:46
112	108	Stuart Livingstone	MVET	Real Fitness Race Team	08:37:52	00:41:07	00:05:15	03:59:17	00:07:17	03:44:56
113	178	Lorna Stanger	FSVET		08:38:21	00:54:09	00:10:15	03:50:36	00:06:20	03:37:01
114	52	Sebastien Fagegaltier	MSVET		08:39:17	00:44:46	00:08:43	04:00:53	00:08:53	03:36:02
115	103	Jordan Lamont	MSEN	Montrose Triathlon	08:40:11	00:43:04	00:06:22	04:12:45	00:06:41	03:31:19
116	197	Adam Wallace	MSEN	The Sexy Cyclists	08:40:19	00:55:49	00:08:28	04:15:31	00:05:40	03:14:51
117	46	John Easton	MSEN	Sexy Cyclists	08:40:21	00:39:04	00:07:35	04:08:29	00:06:47	03:38:26
118	62	Patrick Gray	MSEN	The Sexy Cyclists	08:40:22	00:50:18	00:11:11	03:43:01	00:11:00	03:44:52
119	8	Steve Banning	MVINT		08:41:05	00:49:56	00:10:06	04:03:49	00:08:30	03:28:44
120	200	Joanna Weintritt	FVET		08:41:27	01:00:24	00:05:37	04:14:45	00:05:15	03:15:26
121	171	Kevin Sheridan	MSEN		08:41:28	00:44:43	00:05:04	04:27:04	00:05:28	03:19:09
122	43	Stephen Duffy	MSVET	Glasgow Triathlon Club	08:43:48	00:49:13	00:08:13	03:57:25	00:07:49	03:41:08
123	160	Myrah Robb	FVET	Pentland triathletes	08:43:55	00:50:22	00:04:03	04:24:21	00:03:26	03:21:43
124	156	Graeme Rae	MSVET	Edinburgh triathletes	08:43:56	00:46:59	00:10:37	04:07:51	00:08:46	03:29:43
125	63	Håkon Gudding	MSVET	Team Suberba Krill / Telenor BIL	08:47:20	00:46:28	00:07:42	04:26:22	00:06:43	03:20:05
126	99	Michael Laing	MSVET	Moray Firth Triathlon Club	08:48:27	00:44:37	00:06:23	04:08:31	00:05:32	03:43:24
127	41	Clare Dow	FSVET	Pentland Triathletes	08:58:28	00:50:16	00:06:35	04:22:32	00:04:20	03:34:45
128	75	Kate Hersey	FSVET		08:58:30	00:46:14	00:09:17	04:23:26	00:04:41	03:34:52
129	57	Dave Foreman	MVET		08:59:04	00:52:32	00:11:37	03:52:30	00:14:26	03:47:59
130	23	Skye Campbell	FSEN	Fife Cycles	09:01:53	00:45:57	00:05:44	04:05:48	00:03:59	04:00:25
131	206	Karl Winrow	MSVET	Chorley Cycling Club	09:03:38	00:53:47	00:08:12	04:06:40	00:08:12	03:46:47
132	6	Fraser Ballantine	MVET	West Lothian Triathlon	09:07:26	00:45:04	00:07:04	04:09:21	00:07:04	03:58:53
133	136	Damian McLanachan	MVET	Stirling Triathlon Club	09:10:12	00:51:21	00:05:53	04:11:36	00:07:58	03:53:24
134	27	Ed Collins	MVINT	Hereford Triathlon Club	09:18:10	00:41:06	00:05:36	04:18:28	00:07:45	04:05:15
135	203	Shelley Williams	FVET		09:23:02	00:55:08	00:04:44	04:19:09	00:05:24	03:58:37
136	107	Daou Lindos	MSEN	Fortis Tigris	09:23:34	00:45:29	00:08:16	04:32:02	00:13:09	03:44:38
137	1	Andrew Innes	MSVET	Edinburgh triathletes	09:24:46	00:52:23	00:06:19	04:18:41	00:04:47	04:02:36
138	191	Andrew Todd	MVET	Glasgow Triathlon Club	09:31:08	00:47:19	00:13:00	04:27:55	00:12:23	03:50:31
139	175	Lindsay Smith	FVET	Pentland Triathletes	09:36:00	00:51:12	00:06:10	04:33:27	00:08:58	03:56:13
140	90	Roddy Keith	MSVET	Port Bikes Tri	09:39:20	00:51:39	00:10:17	04:24:57	00:08:23	04:04:04
141=	7	Laura Ballantyne	FVET		09:41:01	01:03:58	00:06:43	04:48:21	00:04:11	03:37:48
141=	58	Chris Fowles	MSEN		09:41:01	01:13:37	00:04:05	04:35:22	00:06:38	03:41:19
143	18	KEITH BREMNER	MVET		09:41:21	01:13:41	00:05:52	04:33:28	00:07:53	03:40:27
144	150	Zoe Newsam	FVET	Triathlon Inverness	10:00:58	01:00:47	00:07:32	04:56:06	00:01:14	03:55:19
	190	Iain Todd	MVET	Glasgow Triathlon Club	09:31:08	00:47:31	00:12:47		05:50:25	02:40:25
DNF	169	Rashmi Shah	MSVET	Kinross Road Runners				05:57:55	00:05:44	
DNF	45	Carolyn Dyson	FVINT	Edinburgh Triathletes		00:55:41	00:06:51	05:03:50		
DNF	82	Carol Innes	FSVET	Edinburgh triathletes		00:52:17	00:06:42	05:38:00		

DNF	51	Tony Evans	MSVET	Glasgow Triathlon Club		00:42:07	00:07:31	04:36:49		
DNF	205	REBECCA WILSON	FSVET	Banffshire Coast Swimmers		01:09:00	00:05:21			
DNF	91	Chris Kennedy	MVET	COG Velo		00:59:34				
DNF	214	Anne Ewing	FSEN			00:40:50	00:02:57	03:02:15		
DNF	118	Ben Maher	MVET			00:44:12	00:07:27	03:44:21		